

SMART Room

Month: October

SMART Station	Materials
1. Pencil Roll	Roll without holding anything or Hold a bean bag or Hold apple pictures or Hold pumpkin pictures
2. Rebounder	Learning Ladders: Colors, Numbers, Shapes or Count to 10 or Jump and spell name
3. Balance Beam	Walk the blue tape line
4. Hopscotch	Tape boxes in a line down-Jump with both feet in each box or Jump with one foot per box
5. Slap Track	Red hands/ Green Hands Pattern: Red Hand, Green Hand, Red Hand, Green Hand, etc. **Put a bean bag on their back to slow them down**
6. Alligator Crawl	Regular alligator crawl or Crawl down the mat to try and catch the pool noodle/streamers
7. Balancing Circle	10 jumping jacks 10 helicopter spins 10 elbows to knees

Early Finishers in SMART Room- Tactile Plate Trackers, Tactile Trackers on Wall, or Cross Patterning with the pink/green hands along the wall

Variations for some of the CORE exercises:

-Helicopter spins- listen to music while spinning, hold onto streamers while spinning, when not spinning- hold up concept cards (letters, shapes, numbers or colors) while they break before spinning again

-Supermans- do this with a partner so they have to hold each other up, have a hula hoop for about 4 kids or so to work together to hold up while flying, put a bean bag on their hands for them to hold up while flying

-Popcorns- sprinkle "salt" on the students while they are in the popcorn position/ when they are flat like a pancake, think of different things to pretend to put on their pancake (syrup, sprinkles, fruit, whipped cream)