S.M.A.R.T. Course Recipe
Serves: 12 students

Creep Tracks: everyday, all year through (switch cards every 2 weeks)

Alligator Crawl: everyday, all year through

Balance Beam: everyday, all year through

Additional Balance Activity: everyday, all year through (another Balance Beam, Flamingos, Balance Boards, etc.)

Pencil Roll: everyday, all year through

Learning Ladders (with Rebounder, Balance Board, Beanbags, Balls, etc.): everyday, all year through (switch ladders every 2 weeks)
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Add these activities to support 12+ students

- Another Crawl
- Another Creep
- Another Roll
- Another Rebounder with Learning Ladder
- Hop Scotch
- Stick Scotch
- Dog Show Creep
- Jumping Jacks
- Windmill Toe Touches
- Vision Activities (ONLY if monitored by a teacher)